

Rector's Column

So if anyone is in Christ, there is a new creation: everything old has passed away;
See, everything has become new!
2 Corinthians 5:17

Dear Friends,

Sometimes, the events that precede ultimately positive changes in one's life are not in themselves events that are experienced as positive. Examples of significant life challenges that come to mind include: the death of a spouse or loved one, divorce, altered health due to accidents or illnesses, chronic illness, imprisonment, financial hardship, unexpected pregnancy, environmental disaster, loss of a home, neonatal loss or the birth of a special needs child.

One of the reasons that many people find support groups helpful in working through significant and genuine challenges is that it can be very helpful to speak authentically with others who are working through similar issues, losses or hardships. If we are very lucky, we find knowledgeable wisdom figures who can help equip us with the information, resources and guidance we need. Adapting to change is not something we can do well on our own – in fact, we likely shouldn't try coping with anything alone. The need we have to rely on others in times of such challenge can make us feel even more vulnerable than we already do, less "able" in our own minds and self-concept.

Due to cultural and family influences in upbringing, men - in particular - can find identifying their needs and reaching out for support to be a disorienting and highly undesired experience. For anyone, feeling and expressing anger in vulnerable times is an unconscious (but learned) strategy of self-protection, an unconscious attempt to cover wounded places with a hard shield. It can be very difficult to unlearn such protective responses, but the truth is that none of us can do the spiritual work of Christ without setting down both our swords AND our shields.

Christian faith today that portray Jesus as a musclebound, warrior-like and all powerful figure from WrestleMania. However, Jesus was not some type of first-century Messianic gladiator or modern Marvel superhero. Rather, he was and is a contrast to images of powerfulness. We don't follow a spiritual Iron Man or raging Hulk that inflicts God's judgement and wrath or a super human that rescues the downtrodden by virtue of unnatural powers and various cool accessories. Don't get me wrong, I'm as geeked-out by the Marvel universe as any fan, and I adore the Black Panther movie most for having the guts to have an all-black cast with only a single, token white guy as the helpful sidekick (a powerful film, with every individual as an empowered character – even the sidekick).

In contrast to a cosmology populated with powerful gods (as in Greek, Roman and Sumerian worldviews), Jesus is born as fully human. Throughout his life's journey, he acquires skills and knowledge in masonry, healing, oratory, academic study, teaching, legal debate and developed an intuition for assessing both people and social systems. He comes to a place of genuine faith that informs and empowers his critique of his social and religious institutions. Throughout, he demonstrates a full range of healthy emotion, from hope to despair, from joy to sorrow, and from determination to frustration. He is both passionate and compassionate. He shares everything, hides nothing, admits mistakes and takes responsibility for his actions. Most of all, he demonstrates the ability to change his mind, to be affected and influenced by his interpersonal encounters with others.

I think it's because Jesus is willing to be so fully human that we often think of him as super human. Our subsequent faith history from the first century onwards seems to go to a great deal of trouble in arguing for Jesus' status as God, as "one being with the Father," so as to assure his divine nature. Jesus was so human that the Church has found itself confronted with that awkwardness in every age.

The thing is, if we can allow Jesus his full humanity, then we are better able to allow it in ourselves. We are even empowered to seek out our humanity as a goal throughout life, to learn to engage the full breadth of our experiences and emotions so that our lives, relationships and communities are deepened, strengthened and healed.

When tragedy came to Christ's followers, friends and family at the time of his torture and death, they could none of them imagine what was to come next or come of them. The prospects for their lives were genuinely bleak; the experience of such loss was a true and real end to life as they had known it previously. Even their identities (or sense of self) had changed in an instant - from law abider to wanted criminal, from mother to childless woman, from friend to mourner, from a community to scattered individuals.

Then, the next day came, and the next, and the next. A new purpose gradually emerged for each of them through their openness to new experiences, new relationships, new insights and new possibilities. The first community of Christ would not have become what they have become for us, if they had not experienced all that they did. Only by living through the experiences of their challenges did they learn how to be a community of all peoples, a nation without borders, a polity based in love and service, and the resurrected Body of Christ for all ages of the world to see and to know. Through sharing with one another and others that would yet come into their lives, the first disciples created a new way of seeing – a new vision into which we are called to live.

There is a greater truth beneath all apparent divisions. We are drawn together by the gift of our common humanity, whenever we recognize the need of another as the need for love. The power of love changes and heals us, but only if we are open to being changed by it. Yet, living as Christ's body in the world requires our daily consent. Things never can be the same as they were, within the flow of time and nature of life. Yet, when we are at our most vulnerable, Christ gently asks us to put down the sword of our hate and the shield of our anger, that – dissolved into a mutable form – we can at last be remade into the fully human creation that is the image of the God who has promised to make all things new. The experiences of life remake us every day. With the image of the crucified Christ before our mind's eye, we are called to turn our vision towards the empty tomb.

Where is Christ? Where has Christ gone? What has Christ become?

Even now, God is seeing the world through human eyes, helping the world through human efforts, healing the world through human emotion and compassion – Christ is yet with us, because Christ is in you and in me. By the resurrecting power of the Holy Spirit, let us move into our unknown futures, side by side, mutually committed to the purposes of love and determined to be genuinely and fully

human in the image of the God who made us, who loves us and who has entrusted us into one another's care. We need to reach towards one another's outstretched hands, if we are to feel the presence of the God who is and always has been and ever will be with us.

In Christ's Love, Pastor Rachel

The Rev. Rachel K. Taber-Hamilton, Rector



Our Core Values

(Vestry Retreat 2016)





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Sunday 8:00 AM Holy Eucharist Rite I With Cantor

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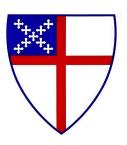
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FROM THE SENIOR WARDEN

Being able to serve as your new Senior Warden is an honor, blessing, and challenge I have accepted after careful meditation and prayer. Our previous Senior Warden, Bob Moore, performed this job marvelously and I was honored to serve together with him in our Vestry for the past couple years. This is a role that can only be successfully accomplished with God's help and the support from everyone in the congregation...Working Together!

Those last two words "Working Together" will take a very important meaning this year as our parish goes through a process of transformation, which will ultimately allow us to be self-sustaining. If you attended our Annual Meeting, you know the Vestry had to make some difficult decisions in order to balance our budget for 2018. The key one being the authorization of a one time loan from the parish Endowments fund for up to \$50,000, which is expected to be paid back in a period of 5 years. This cycle of taking loans from our endowment is not sustainable and simply makes our future year budgets more difficult as we need to account for the church operations, and the additional funds to pay the loan back.

The good news is we have seen our community step up with increases in their pledges and contributions, so we are optimistic that through further education, discernment and prayer we will be able to reach our desired goals.

In an effort to begin the process, the vestry has authorized the use of the Kaleidoscope Institute, which has a mission to provide resources to equip church leaders to create sustainable churches and communities.

Starting in April, a group made of at-large members from the church and vestry will begin the necessary training and work that will culminate with a comprehensive Stewardship plan for the remainder of 2018 and for 2019. You will be hearing reports and even participate in activities that our church group will need to do with the rest of the congregation to achieve those plans. If you are interested to be one of those in the core group, please let Pastor Rachel know.

As the year continues, I also ask you to start thinking other ways in which you can help us reach our goals. Although the end of the year is the usual time when we engage in Stewardship and pledging, we want this to become a year-around activity. If at any point during the year you feel, through prayer and discernment, that you can increase your pledge, or switch from being a plate donor to a pledging member, then don't wait for the end of the year and do it as soon as you are able and willing.

I also want to encourage you to support the fundraising efforts such as the Dinner & Auction Gala event schedule for Saturday, May 19th starting at 5:30 PM. This year the theme will be Latin Nights featuring the Tijuana Blast Band and all proceeds from the night will go towards helping us pay the Endowments fund loan. There are many ways in which you can participate and support including attending the dinner, buying raffle tickets or donating items that will be auctioned during the night. A vestry member will be selling tickets and collecting donations after the services in the following Sundays.

I want to thank you for your faith, support and willingness to work together as we move through a difficult year, which can only mean better things are ahead of us.

Blessing to all,
Gonzalo Canseco



From the Junior Warden



Christ is Risen! Indeed He is Risen!

To the Beloved-of-God and Faithful of Trinity Episcopal Church, I wish you all a truly happy and blessed Resurrection of our Lord!

I pray that the Paschal Mystery illuminates the Risen Christ in all of our hearts and in faith community we serve here at Trinity Episcopal. As a community, we brought in the Light of Christ together at the Easter Vigil to share throughout the world and to continue the mission of loving our neighbor. I hope that the love of Christ and the peace of His Resurrection reside within us throughout the Easter season.

"Christ is risen from the dead, trampling down death by death, and upon those in the tombs, bestowing life!"

Mark your calendars for May 19th, 2018, and invited your friends and family! The Vestry and the 2018 Auction Committee are in full swing preparing for "Latin Nights, A Dinner & Auction Gala featuring Tijuana Blast Band"!

The night will bring some fantastic entertainment by the Tijuana Blast Band, an incredibly prepared dinner, drinks poured by your favorite bar-Pastor-tender, and an auction AND raffle! The fun will begin at 5:30 PM and go until 9:30-ish and all proceeds go to the repayment of the endowment loan.

Dinner & Auction tickets (\$30) and raffle tickets (\$10 or 3/\$25) are on sale every Sunday after each service. As well, auction & raffle item donations are eagerly being accepted, please contact Carol Bartley, Gonzalo Canseco, or myself for those donations! Pax!

Yours in the Risen Christ, through Francis, ~Br. Chris

Brother Christopher D. Jennings, OSF, Junior Warden

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Music Program News

The Easter season and Spring

It is with profound admiration and appreciation that I step back and assess all the effort that went into making Lent and Holy Week to meaningful once again. Many people worked hard to plan, prepare, and implement all the various components that made Holy Week and Easter the total experience it was. Most folks aren't aware how important those details are. Regarding what seems very spontaneous, there is an old saying, "When the Holy Spirit comes to visit, I want the house to be clean!" Thanks to many hours on the part of liturgical ministers, Altar Guild, singers, instrumentalists, worker bees beyond counting... we had real celebrations! Most members of our Adult choir each averaged over 40 hours' of committed rehearsal & service time this season. I stand in awe. After all the weeks' intensity of Lent and Holy Week, it is nice for the music ministers— and all the parish—to relax a bit and just enjoy the season. This is a time to introduce new music to the choir and congregation, when we can just sing praise because our hearts are reminded of the joy of God's creation and his goodness toward each of us. This translates into a more relaxed, "fun" time for the choir — and a good time to try choir (and bell choir) out for the first time. If you are curious, just drop in on a rehearsal. Or call the director to chat!

MEN'S CHOIR – if you would like to try singing with a group of men, gearing up especially for Mothers' Day, please contact me and let me know your schedule. This is great for men who aren't sure they can commit to regular "all season" choral singing. If you are not sure you can sing, let me help you find out!

(Ladies, don't worry – we have some special plans for you, too.)

UP, UP, and AWAY?

Many of you know that I am a regular participant in the Sewanee Church Music Conference at the Episcopal University of the South in Sewanee, Tennessee, most summers. I have found it a great spiritual and musical retreat, with master classes in organ, conducting, voice, creative liturgical planning, training children's choirs, and more. It's a real battery charger to help keep things fresh and bring new ideas home to Trinity. As you know, our parish budget is a bit tight this year, so unlike previous years, I may not be able to receive continuing education assistance. In the past, some generous parishioners shared "air miles" to make it possible for me to attend. If anyone has some "extra" that expire soon, I would be most grateful. Thank you in advance!

With joy and gratitude,

David Spring, Organist/Music Director davespring@comcast.net 206-261-0873



SUNDAY SCHOOL

This March, children have been learning about the "Faces of Easter" during our Godly Play lessons in Sunday School. Each week we take the story one step further, as we move from Jesus's birth to his resurrection. The children are invited to add to the story from pieces of other Godly Play stories around the room. It's wonderful to see their vision. The children, along with TYG, made cards to add to the baskets of food distributed to those in need during Easter. Thank you to Charlene Rawson for contributing supplies and inspiration for the card making.

We are approaching our last quarter of Sunday School before summer break. We offer Sunday School until mid-June, resuming in September. Plans are in the works for VBS this summer. During the next few months we'll have Godly Play Stories. We are also planning dates with some of our "Guest stars".

Stay tuned for more information and opportunities for our youth in the months to come.



Trinity Youth Group

April Youth Night

When: April 20th @ 6:30 pm

Where: Trinity Episcopal Church

Who: Middle & High School Students



Come join us for our April Youth Night! We'll be partaking in a "hunger banquet," where we'll explore and discuss the impact of poverty both globally and within our own community. We will also be helping to give back to our church community by assisting with decorations for the Auction night.

Our April Youth night is sure to be a wonderful time with games, crafts, learning, and great conversation! We hope to see you there!

Please RSVP to this event by Wednesday, April 18th @ TYG.Everett@gmail.com.

Hope to see you there!

Trinity Youth Group Leaders,

Darcy, Andraya, Gonzalo, & Alex

ST Mary's Altar Guild

Thank you to all the volunteers who helped out during Holy Week this year!

We are still looking for people to sign up for flowers for the following dates: 4/22, 6/24, 7/1, 7/15, and 7/29. If you are interested please sign-up on the Flower Chart



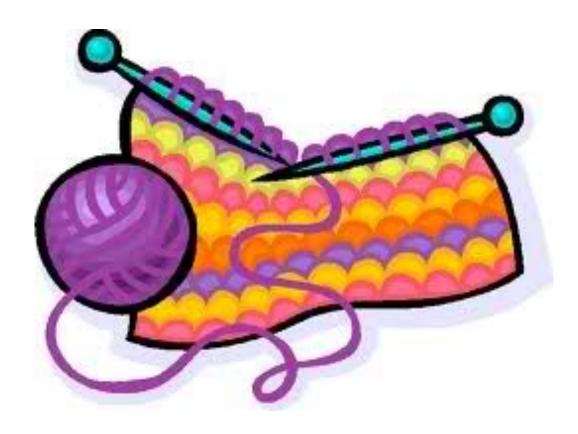
Prayer Shawl Ministry

This year we have blessed 58 shawls and sent 26 to hospice. We also have blessed 37 pocket prayer shawls. Last month we reported that Hospice has asked for red, white, and blue shawls for a pinning ceremony for the veterans in their care.

On further research, we found hospice belongs to an organization called "We Honor Our Vets". If a vet is willing, the ceremony takes place in their home with family and hospice volunteers. They're given a certificate and a pin with the shawl with the logo of "We Honor Our Vets".

Anyone is welcome to request a shawl to give (free) to someone needing to be comforted by being wrapped in God's love with a shawl. Donna Pflomm requested a yellow shawl in March to give to Barbara Harvey. Barbara was excited to receive it and was really happy with her yellow shawl. Linda Dixon is continuing her ministry by giving shawls to people in her apartment building and at the senior center.

Our next meeting is April 7th at 10 AM-11 AM in the guild room. We hope to see everyone there. Newcomers are always welcome.



Daughters of the King

Daughters of the King met on the first Sunday of March. Two members and two women in discernment attended: Kitti Lindusky, Leah Timberlake, Laura O'Reilly, Linda Dixon.

We discussed Question 1 in the DOK Study Guide: "What is a Christian?"

There will be no DOK meeting on April 1. The next meeting will be Sunday, May 6, after the 10:00 a.m. service. Women in discernment who wish to meet with their mentors to begin or continue their study for membership can contact Kitti Lindusky: 425/293-2785.

1 Corinthians 12:1-11

"Now concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed. You know that when you were pagans, you were enticed and led astray to idols that could not speak. Therefore, I want you to understand that no one speaking by the Spirit of God ever says: "Let Jesus be cursed!" and no one can say "Jesus is Lord" except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good."

From the DOK Motto:

I am but one, but I am one.
I cannot do everything, but I can do something.
What I can do, I ought to do.
What I ought to do, by the Grace of God I will do.
Lord, what will you have me do?



AUCTION ITEMS NEEDED

It's time to start thinking about what YOU can donate to our annual auction. *Latin Nights:* A Dinner Auction Gala will be held on Saturday, May 19th. We need a wide variety of items to make the auction fun for everyone.

Can you put together a creative gift basket? How about tickets to a very special event, dinner at a fine restaurant, or a gift certificate for a spa day? Do you have a cottage or vacation rental you could donate for a week? Or maybe you are beginning to downsize and have an antique or piece of artwork that you would like to see in a good home. The possibilities are endless!

Just a reminder: we are NOT looking for garage sale stuff or outdated electronic equipment. Everything must be in new or like-new condition, and we reserve the option of not using inappropriate items.

We already have three large framed prints, a handmade pottery bowl, a collection of carved wooden boxes, and a brass pig!

All items must have an Auction Item Entry Sheet attached. Sheets are available on the welcome table in the narthex and in the church office; return them to either location. You can also print the Auction Item Entry Sheet here. Contact Carol Bartley (425-315-7484 or gtopaz@juno.com) with any questions.



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ELECTRONIC GIVING CARDS

If you pledge electronically but would like to have something to place in the collection plate on Sunday, remember to pick up an Electronic Giving Card from the plastic card holder mounted on the wall to the right of the double doors inside the sanctuary. Ask an usher if you have trouble finding them.



food Pantry Items Needed

Items are needed for the Food Pantry that Kelly maintains in the Church Office.

When bringing items in please keep the following things in mind:

- please do not donate food that is expired
- · all outdated and expired foods will be thrown out
- this is not the time to clean out your pantry
- Any opened food items will be thrown out



SUNDAY READINGS

Apr 1 Easter Day

Collect: O God, who for our redemption gave your only-begotten Son to the death of the cross, and by his glorious resurrection delivered us from the power of our enemy: Grant us so to die daily to sin, that we may evermore live with him in the joy of his resurrection; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Acts 10:34-43 1 Corinthians 15:1-11 John 20:1-18 Psalm 118:1-2, 14-24

Apr 8 Easter 2

Acts 4:32-35 1 John 1:1-2:2 John 20:19-31 Psalm 133



Apr 15 Easter 3

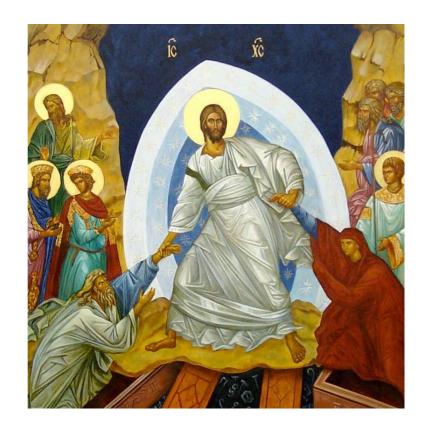
Acts 3:12-19 1 John 3:1-7 Luke 24:36b-48 Psalm 4

Apr 22 Easter 4

Acts 4:5-12 1 John 3:16-24 John 10:11-18 Psalm 23

Apr 29 Easter 5

Acts 8:26-40 1 John 4:7-21 John 15:1-8 Psalm 22:24-30



Trinity Vestry

Class of 2018

Carol Bartley

Gonzalo Canseco

Harry Stengele

Jeff Wheeler

Class of 2019

Eileen Bernat

Jason Grace

Nick Fuchs

Janet Kowalski

Class of 2020

Christopher Jennings

Doug Lathom

Andraya Moser

Julia Vandervegt

<u>Treasurer</u>

David Kosar

Clerk of the Vestry

Michelle Wheeler

Chancellor

Sarah Mack

2018 Convention Delegates

Delegates

Ray Smith - 1 year

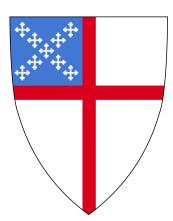
Bob Wheeler - 1 year

John Heberling - 2 years

Mary Heileson - 2 years

Alternate Delegates

Diana Baird (First Alternate)
Ben Baird (Second Alternate)
Gonzalo Canseco (Third Alternate)
Melody Oxley (Forth Alternate)





Leann Harrison Torgerson



Raymond Smith - 4/1 Zack Zesbaugh - 4/1 Emma Fleckenstein - 4/1 Robert Gibbins - 4/3 Steven Heileson - 4/5 Patricia McCollum-Stephen - 4/6 Barbara Linvog - 4/21 Christine McKenna - 4/8 Diana Baird - 4/8 Eileen Bernat - 4/9 Jason Baker - 4/9 Clara Boyett - 4/12 Sharon Lake - 4/12 Blu Turner - 4/13

Gwen Gentry - 4/14

Sue Hayden-Brown - 4/16

Douglas Latham - 4/16 Cedar Baker - 4/17 Robert Dunn - 4/19 John Martin - 4/21 Dennis LeMaster - 4/22 Robert Moore - 4/26 Viggo Bauer - 4/26 Jill Morrison - 4/30 David Cunningham - 4/30



Zack & Alicia Zesbaugh - 4/2 Dennis & Kathleen LeMaster - 4/4 Derrick & Rachael Olsen - 4/13 John & Sharon Martin - 4/21 Stuart & Ellie Snyder - 4/23 C.J. & Blu Turner - 4/26



Our Parish Prayer List*

Let us pray for our own needs and those of others:

Those who are ill or in need of prayer

Larry V., Blu T., Larry K., Charise L., Louis D., Kara D., John D., Lucille D., Maliki S., Moses S., Milani S., Silas D., Kayleen S., Buzz B., Kerry S., Billie C., Barb L., Mary B., Norma H., Doris Mc., Lisa B., Genevieve E., Elaine A., Adam A., Lil C., Lee G., Julie A., Jean M., Mary Margaret McS, Anne McS., Meghan McS., Colleen McS., Erin McS., Carole., Guillermo O., Brian T., Dee R., Melissa C., Brad R., Brian C., Joel D., Nate D., Ben D., Donna L. Paul L., Omar C., Brian T., Jann S., Jamie M., Casey C., Phillip N., Helmi H., Sharon S., Brett G., Laura O., Emily V., Vonnie E., Mary T., Mary U., Liz Mc., Steve Mc., Bill B.

For the victims and families of natural disasters around the world; for those who suffer from chronic illnesses; for those who are caregivers for their loved ones and others.

Our Parish Military List**

For those on deployment, in the military and their families:

Bryce Abbott - (nephew of Bonnie Wold)

Danielle Bevans - (granddaughter of Margaret Bevans)

Mark Bove Jr - (friend of Deborah & Harry Estep)

Tad Carson - (son of Jerry & Carolyn Carson)

Darius Crisp - (nephew of Kelly DiCicco & David Kosar)

Ryan French - (great nephew of Jenny Miller)

Chris Hogan - (son of Cindy Hogan)

Paul Jokiel - (cousin of Pastor Rachel)

John Snyder - (son of Stu & Ellie Snyder)

Mark Wold - (son of Bonnie Wold)

George - (friend of Janet & Jim Hallauer)

* If you or someone you know is in need of prayer, and would like to be included on the Parish Sick List, please contact the Parish Office to be included.

Chaplain Jim Lewis - (nephew of Fr Wayne & Marie Bond)

** If you or someone you know is in the Military, and would like to be included on the Parish Military List, please contact the Parish Office to be included.





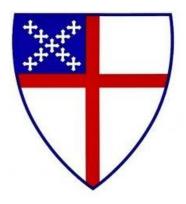
Contact Us

Email Parish Administrator

Email Director of Music

Email Rector

Trinity Website



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